

Paid mentoring services

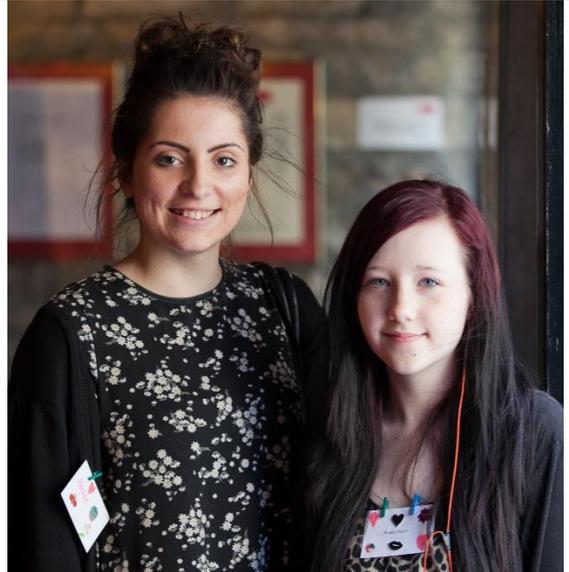
Professional mentoring and training to support more vulnerable children and young people

Bath-based charity Mentoring Plus has been providing trained volunteer mentors and activities for young people since 1998. It's our mission to enable young people to thrive, despite significant difficulties they may face.

Alongside this work, we offer professional mentoring and specialist training to schools and other organisations.

This helps us to reach more young people than our charitable funding can cover, and to support those in more acute need.

Any surplus is re-invested in our charitable service supporting vulnerable young people.



“I have changed so much since our first meeting - so many things have happened and I was glad I always had the option to talk to someone who knew what was going on.” (Mentee)

“We have noticed such a difference in A. She is able to deal with things in class better. She now walks away rather than reacts. If the mentoring has the same effect on the other children that would be brilliant.” (Teacher)

How young people benefit from mentoring

Mentoring helps build confidence, enabling children and young people to feel greater self-esteem and resilience. Working with a positive adult role model builds life skills and aspirations, and helps identify future pathways.

Mentoring is child-centred, creative and flexible, often involving new settings, activities and community connections. It focuses on solutions and forward-moving strategies, offering a safe, playful space in which conversations naturally start.



Alongside other support, mentoring can keep pupils engaged with education and other services, and help them cope better with significant difficulties they face.

Any young person aged 7 to 21 for whom there is budget can access our professional mentoring, subject to availability.

Every child has different needs. Here's how our professional mentors can help you support them.

Students with higher level needs, not engaged with education, needing additional support or in care settings



One to one mentoring sessions

Students needing immediate support can benefit from one to one mentoring – in or out of school, for a term or two, or longer.

Young people coping with care settings, bereavement, family difficulties, illness or anxiety, connect to a skilled mentor giving individualised support when they need it most. Students experiencing a managed move or at risk of exclusion can particularly benefit.

Most mentoring sessions last a couple of hours. For students experiencing greatest difficulties in the classroom, refusing school or with an EHCP, our half-day sessions offer support which complements other forms of education.

Following the student's interests, sessions might explore outdoors, engage with sport, art or enterprise, or link with local heritage. Individual attention and focused support help students reflect on issues, learn in new ways, feel more confident and cope better back in school.

Students who are experiencing emotional difficulties



In-school regular mentoring sessions

Support for students facing emotional difficulties can be expertly supported for as long as they need by a dedicated in-school mentor.

Our experienced practitioners offer a series of sessions on a regular school day, giving young people space to talk and reflect, developing coping strategies and emotional intelligence.

“D appears more engaged in class and has been displaying a positive attitude towards all areas of his learning. I think this process is vitally useful for vulnerable learners and it would benefit a lot of children.” (Teacher)

Students needing inspiration, role modelling and support reaching goals

Peer mentoring programmes

Older students can be inspirational role models for younger, and hugely benefit themselves.

We offer tailored training and support for setting up and managing peer mentoring programmes in school, including staff support and impact measurement tools.

Like to know more?

Talk to us to explore which option may be most suitable for young people in your care - costs, potential sources of funding and next steps.