

My mentor listened to me.

It changed my life.



Will you listen to me now?





I'm Bradley, a 20 year old like many others. Except I wasn't like others when I was younger.

At the age of 11, one of my teachers noticed a bruise on my leg. It was then that my world became a blur.



Here's me at [Mentoring Plus](#) aged 14.

I was referred for family intervention, counselling and social care. Not really the life I wanted when I was doing my exams, but I had to carry on like everything was ok.

I didn't do this alone...
[Mentoring Plus](#) was there.

I had a mentor for a whole year and it was great, I went out and did things that my friends my age were doing such as cinema and bowling.



A voice, confidence and hope



But my mentor didn't just give me company or take me for food. She listened to what I had to say.

Being mentored gave me a voice, confidence and hope.

It was only with my mentor and her help that I found these three things, the same three which gave me ambition for my life.

I was given the opportunity to help design the new [Mentoring Plus](#) logo, and speak at the 2014 TEDx Bath event about my life and the decisions I've made.



You can directly help a troubled young person



Money is urgently needed to pay the staff who support young people and mentors. Mentors give young people like me opportunities which could shape their life. I'm working and living independently now, and I've trained to be a mentor myself.

Could you spare some money to help us fund training and support of more mentors? Could you help more mentors listen to young people like me?

You can directly help a troubled young person to become successful. Please support [Mentoring Plus](#).



Show you're listening. Become a regular donor.

If you believe young people like Bradley deserve to be heard, you can help.

Support Mentoring Plus with a regular donation and you'll be:

- Helping vulnerable 7-21 year olds across B&NES struggling with family issues, poverty, isolation and mental health
- Funding expert training and supervision of adult mentors
- Giving young people access to sport, arts and vocational activities
- Making young people happier and our community safer and more positive for everyone.

Your regular donation has a huge impact. With your help, we can respond flexibly and quickly to young people who need support.

Less than 10% of our income is spent on core administration: the rest helps young people directly.

We know our donors help because they care about young people. We'll keep you regularly updated about their challenges and successes.

Any regular donation you can make is valuable. Please, give what you can to help our young people at risk. Please remember to Gift Aid your donation if eligible.



£5 a month pays for ingredients for a cookery session

£20 a month pays for a mentor's travel expenses

£35 a month pays for tickets and subsistence for one mentor and mentee

£50 a month pays for a group counselling supervision for mentors

How much could you donate monthly?

My name is

Address

Email Tel

My regular monthly donation will be £

To Bank

Address

Please pay Unity Trust Bank, Birmingham, sort code 08-60-01, for the credit of Mentoring Plus Ltd

Account no. 20168265 the sum of £

Date of first payment

Date and frequency thereafter

Until [date] / Until written notice from me

Account name to be debited

Sort code Account number

Signature Date

Please return this form to Mentoring Plus at the address below. We will forward your instructions to your bank.

I am a UK taxpayer and wish Mentoring Plus to treat all my donations, until advised otherwise, as qualifying for Gift Aid.

I confirm that I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities to which I donate will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand that Mentoring Plus will reclaim 25p of tax on every £1 that I give.

Mentoring Plus Ltd

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 **MentoringPlus**
Inspiring young lives